



Testimonials – Improvements after four months Energy Healing Program

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After four months attending the weekday energy empowerment and healing program, all participants appreciate the sessions and have reported amazing improvements for their stress, depression, pain, health, happiness, wisdom, wellness and energy. Four participants want to share their specific experiences as follows.

a) P.N. with depression, high blood, high cholesterol, Insomnia and hallucinations for over 20 years taking 12 pills per day reports her brain is clear, no more voices in her head, her heart feels better and sleep has improved from 4 hours to 8 hours per night.

b) Paul with 10 years of paralysis on one side of the body reports:

- 1) feelings of heat and energy on the paralysed side of the body
- 2) calmness of mind, more patience, happiness, contentment, confidence and hope
- 3) improved abilities of speaking and expression
- 4) fingers can open 80% vs fingers clenched in a fist before doing the Qi Gong and energy healing sessions
- 5) brain is sharper and more focused, he can now solve three times the Sudoku puzzles than he could do before the video healing program.
- 6) the muscle of the right side of his mouth has been under control and no more drooling from the mouth.
- 7) the nails of the right foot was grown very little before attending the program , nowadays it grows the same speed as the left side.

c) R. H. with stage 4 cancer has significant reduction in fear, stress, depression, anger and agitation. She is very content and happy, and her energy has improved. Her MRI Cancer report in late Feb 2018 compared to last year is no difference. She is very happy since her health is under control.

d) F. P. with very negative thinking, low energy and feeling like he is under a curse. He lost a good job, re-trained twice to get new jobs, but still can't find work and in addition he got a serious shoulder injury. He was very depressed for three years and felt like he had reached a dead end. With my positive coaching and energy healing program, he started to feel much better, opened himself up and has a more positive outlook on life. He is getting back his happiness, health, confidence, energy, patience, and is less angry, irritable and uncertain.